

SEABREASE

BODY & BEAUTY

ENVIRON® SKIN CARE TREATMENTS

Environ® skin care was developed by South African plastic surgeon Dr Des Fernandes to address the effects of UV radiation, pollution, stress and free radical damage.

ESSENTIAL TREATMENTS

(Course of 6 recommended)

Essential youth reset 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380
Essential moisture boost 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380
Essential comfort calm 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380
Essential radiance reveal 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380

FOCUS-ON TREATMENTS

Focus-on eye	£40
Focus-on even tone	£40
Focus-on texture.....	£40
Focus-on frown (includes 3 month home care treatment)	£150

COOL PEEL TREATMENTS

(Course of 6 recommended)

Youth renew 60 mins / course of 6.....	£60
Course of 6.....	£300
Moisture boost 60 mins / course of 6	£60
Course of 6.....	£300
Deep Cleaning 60 mins / course of 6	£60
Course of 6.....	£300
Blemish Control 60 mins / course of 6	£60
Course of 6.....	£300
Vibrant C 60 mins / course of 6	£60
Course of 6.....	£300

AYURVEDIC MASSAGE THERAPY

BODY

Head/Neck/Arm Treatment (shirobhyanga) 30 mins	£36
Good for: stress; strain; migraine; hair condition.	
Full body with marma [vital] points (marmabhyanga) 75 mins	£66
Good for: relaxation, detoxification, fatigue, anxiety, nourishment to skin.	

Lower leg & foot treatment (padabhyanga) 30 minutes	£36
Good for: relaxation, vitality, blood circulation, mums-to-be, after a flight.	

Warm oil poured onto the third eye (shirodhara) 45 mins	£55
Good for: relaxation; insomnia; tension; stress; chronic colds; vata imbalance.	

Herbal compress massage (pinda sweda) 75 mins	£76
Good for: stiff joints and pains; arthritis; inflamed muscles; certain skin conditions.	

Detox scrub (udvartana) 30 mins	£36
Good for: exfoliation; poor blood circulation; cellulite; kapha imbalance.	

FACIAL

Face massage with marma [vital] points (mukhabhyanga) 30 mins	£36
Good for: physical and mental wellness (sattva), anti ageing.	
Suitable for all skin types. Best taken: as a course of six.	

Glow facial (Soundaryam) 55 mins.....	£57
Good for: lymphatic drainage, deep relaxation, marma point opening. Best taken: as a course of six.	

Deep cleans facial (Shilijita Mumiyo) 55 mins	£66
Good for: reducing the signs of ageing, deep skin cleansing, super hydration. Mature skins. Best taken: as a course of six.	

HANDS AND FEET

Jessica luxury manicure 60 mins.....	£35
Includes exfoliating and anti-ageing skin conditioning treatment (includes mimi polish to take home)	
Express manicure 45 mins	£30.50
(includes mimi polish to take home)	
File and polish (fingers or toes) 30 mins..	£24(includes mimi polish to take home)
Shellac (fingers or toes) 45 mins	£26
Shellac with removal 60 mins.....	£28
Shellac removal & nail tidy 30 mins.....	£18
Jessica luxury pedicure 60 mins.....	£45
(Includes removal of dry skin, exfoliation and heated booties) (includes mimi polish to take home)	
Express pedicure 45 mins	£36.50
(includes mimi polish to take home)	
Minx (foil transfers for toes) 45 mins	£38
French extensions 75 mins	£52
Please note that there is an additional charge for nail design, French polish and shellac.	

WAXING

Half leg	£20
3/4 leg.....	£26
Full leg	£30
Underarm.....	£16
Bikini.....	from £18
Brazilian	£32
Hollywood.....	£36
Half leg, bikini and underarm	£46
Full leg, bikini (or underarm)	£42
Full leg, bikini and underarm.....	£55
Lip or chin or eyebrows	£12
Half arm.....	£19
Full arm.....	£22

CACI® FACIALS

CACI's® signature Non-Surgical Facial Toning is an advanced non-invasive facial, with twenty years medical research behind it.

CACI / ENVIRON Combo 90 mins / course of 10	£90 / £800
CACI Microlift full facial 55 / 75 mins	£58 / £76
Course of 10 55 / 75 mins	£500 / £680
CACI wrinkle revolution 25 mins / course of 10	£30 / £250
CACI Jowl Lift 20 mins / course of 10.....	£30 / £250
CACI Eye Revive 25 mins / course of 10.....	£34 / £280

DERMAPLANE FACIAL

Dermaplaning is an exfoliating treatment that removes peach fuzz and dead skin cells with the tiny scrape of a scalpel. Promoting smoother skin and provides deeper product penetration.

Dermaplane full facial 55 mins	£57
Dermaplane express 25 mins	£31
Dermaplane add onto another facial	£15

AROMA WORKS FACIALS

Supported by years of research and product innovation, all Aroma Works products are exclusively made in the UK from the finest 100% natural essential oils, are sourced ethically and are free from harmful chemicals. Vegan friendly.

Absolute facial 55 mins	£50
Absolute deluxe facial 75 mins.....	£58
Absolute express facial 25 mins.....	£30
Absolute eye treatment 25 mins	£36
Absolute teen facial 45mins	£40

BODY TREATMENTS & MASSAGES

Purifying pamper 75 mins.....	£72
Signature treatment 75 mins.....	£72
Seabrease ritual 55mins	£55
Bespoke body massage 45 / 60 / 90 mins.....	£45 / £50 / £70
Pressure point scalp massage 30 mins	£36
Indian head massage 25 mins	£36
Absolute pregnancy ritual 75 mins	£72
Himalayan body brilliance 25 mins	£39
Cocoon indulgence 75 mins	£81
Lava relax massage 45 / 75 mins	£48 / £78
Lava shell rescue massage 45 / 75 mins.....	£48 / £78
Lava shell therma facial 60 mins	£60
Lava shell detox massage 60 mins.....	£60
La stones therapy 45 / 75 mins	£48 / £78
The sensory retreats divine escape signature massage 75 mins.....	£80
Intensive inch loss and detox wrap 120 mins	£76
Course of 3	£180
CACI legs & bum lift 25 mins	£35
Course of 10.....	£300
CACI tummy toning treatment 25 mins	£30
Course of 10.....	£250

MAKE-UP

Bridal make-up.....	£80
Occasional make-up	£38
Make-up lesson	£46

LASHES

Eye lash tint 25 mins	£18
LVL 60 mins.....	£51
Express lashes (lasts 2 weeks) 30 mins.....	£31
Classic (lasts 6 weeks) 90 mins.....	£59
Russian varia 120 mins.....	£74
Lash infills 30/60 mins from	£26 / £36
Lash removal 30 mins	£30
*Please note that a patch test is required for eye treatments	

BROWS

HD brows 30 mins.....	£26
Eyebrow tidy 15 mins.....	£12
Eyebrow tint 15 mins	£12
Brow Lamination	£25
Ombre Brows	£26
*Please note that a 24 hr patch test is required for eye treatments	

TANNING

Full body	£22
Half body	£18

SPECIALISED TREATMENTS

Facial threading.....	from £12
Hopi ear candling	£26
Nose piercing.....	£22
Ear piercing.....	£22
Electrolysis 10 mins.....	£16
Course of 6.....	£80
Red vein removal.....	from £46
Skintag, milia & wart removal.....	from £30
Reflexology.....	£55
Course of 6.....	£275

MALE GROOMING

Man-i-Cure.....	£30
Pedicure.....	£38
The absolute facial for men	£50
Muscle relief therapy 45 / 60 / 90	£45 / £50 / £70

WAXING

Chest	£24
Back.....	£30
Shoulders.....	£20
Eyebrows.....	£12
Nose or ears	£12

Intimate waxing available please see our website for full price list.

We also offer a range of gift vouchers, pamper packages and can create the perfect experience for hen parties, little princesses and prom preparation