

SEABREASE

BODY & BEAUTY

ENVIRON® SKIN CARE TREATMENTS

Environ® skin care was developed by South African plastic surgeon Dr Des Fernandes to address the effects of UV radiation, pollution, stress and free radical damage.

ESSENTIAL TREATMENTS

(Course of 6 recommended)

Essential youth reset 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380
Essential moisture boost 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380
Essential comfort calm 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380
Essential radiance reveal 55 / 75 mins	£58 / £76
Course of 6 55 / 75 mins	£290 / £380

FOCUS-ON TREATMENTS

Focus-on eye	£40
Focus-on even tone	£40
Focus-on texture.....	£40
Focus-on frown (includes 3 month home care treatment)	£150

COOL PEEL TREATMENTS

(Course of 6 recommended)

Youth renew 60 mins / course of 6.....	£60
Course of 6.....	£300
Moisture boost 60 mins / course of 6	£60
Course of 6.....	£300
Deep Cleaning 60 mins / course of 6	£60
Course of 6.....	£300
Blemish Control 60 mins / course of 6	£60
Course of 6.....	£300
Vibrant C 60 mins / course of 6	£60
Course of 6.....	£300

AYURVEDIC MASSAGE THERAPY

BODY

Head/Neck/Arm Treatment (shirobhyanga) 30 mins	£36
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Good for: stress; strain; migraine; hair condition.

Full body with marma [vital] points

(marmabhyanga) 75 mins	£66
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Good for: relaxation, detoxification, fatigue, anxiety, nourishment to skin.

Lower leg & foot treatment

(padabhyanga) 30 minutes	£36
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Good for: relaxation, vitality, blood circulation, mums-to-be, after a flight.

Warm oil poured onto the third eye

(shirodhara) 45 mins	£55
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Good for: relaxation; insomnia; tension; stress; chronic colds; vata imbalance.

Herbal compress massage

(pinda sweda) 75 mins	£76
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Good for: stiff joints and pains; arthritis; inflamed muscles; certain skin conditions.

Detox scrub

(udvartana) 30 mins	£36
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Good for: exfoliation; poor blood circulation; cellulite; kapha imbalance.

FACIAL

Face massage with marma [vital] points (mukhabhyanga) 30 mins	£36
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Good for: physical and mental wellness (sattva), anti ageing.

Suitable for all skin types. Best taken: as a course of six.

Glow facial

(Soundaryam) 55 mins.....	£57
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Good for: lymphatic drainage, deep relaxation, marma

point opening. Best taken: as a course of six.

Deep cleans facial

(Shilijita Mumiyo) 55 mins	£66
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Good for: reducing the signs of ageing, deep skin cleansing, super

hydration. Mature skins. Best taken: as a course of six.

BROWS

HD brows 30 mins.....	£26
Eyebrow tidy 15 mins.....	£12
Eyebrow tint 15 mins	£12
Eyebrow tint and tidy 15 mins.....	£21

*Please note that a patch test is required for eye treatments

HANDS AND FEET

Jessica luxury manicure 60 mins.....	£32
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Includes exfoliating and anti-ageing skin conditioning treatment

Express manicure 45 mins	£26
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File and polish (fingers or toes) 30 mins.....	£20
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Shellac (fingers or toes) 45 mins	£26
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Shellac with removal 60 mins.....	£28
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Shellac removal & nail tidy 30 mins.....	£18
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Jessica luxury pedicure 60 mins.....	£40
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(Includes removal of dry skin, exfoliation and heated booties)

Express pedicure 45 mins	£32
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Minx (foil transfers for toes) 45 mins	£38
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French extensions 75 mins	£52
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Please note that there is an additional charge for

nail design, French polish and shellac.

WAXING

Half leg	£20
3/4 leg.....	£26
Full leg	£30
Underarm.....	£16
Bikini.....	from £18
Brazilian	£32
Hollywood.....	£36
Half leg, bikini and underarm	£46
Full leg, bikini (or underarm)	£42
Full leg, bikini and underarm.....	£55
Lip or chin or eyebrows	£12
Half arm.....	£19
Full arm.....	£22

CACI® FACIALS

CACI's® signature Non-Surgical Facial Toning is an advanced non-invasive facial, with twenty years medical research behind it.

CACI / ENVIRON Combo 90 mins / course of 10	£90 / £800
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CACI Microlift full facial 55 / 75 mins	£58 / £76
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Course of 10 55 / 75 mins	£500 / £680
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CACI wrinkle revolution 25 mins / course of 10	£30 / £250
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CACI Jowl Lift 20 mins / course of 10.....	£30 / £250
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CACI Eye Revive 25 mins / course of 10.....	£34 / £280
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DERMAPLANE FACIAL

Dermaplanning is an exfoliating treatment that removes peach fuzz and dead skin cells with the tiny scrape of a scalpel. Promoting smoother skin and provides deeper product penetration.

Dermaplane full facial 55 mins	£57
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Dermaplane express 25 mins	£31
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Dermaplane add onto another facial	£15
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AROMA WORKS FACIALS

Supported by years of research and product innovation, all Aroma Works products are exclusively made in the UK from the finest 100% natural essential oils, are sourced ethically and are free from harmful chemicals. Vegan friendly.

Absolute facial 55 mins	£50
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Absolute deluxe facial 75 mins.....	£58
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Absolute express facial 25 mins.....	£30
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Absolute eye treatment 25 mins	£36
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Absolute teen facial 45mins	£40
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BODY TREATMENTS & MASSAGES

Purifying pamper 75 mins.....	£72
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Signature treatment 75 mins.....	£72
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Seabrease ritual 55mins	£55
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Bespoke body massage 45 / 60 / 90 mins.....	£45 / £50 / £70
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Pressure point scalp massage 30 mins	£36
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Indian head massage 25 mins	£36
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Absolute pregnancy ritual 75 mins	£72
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Himalayan body brilliance 25 mins	£39
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Cocoon indulgence 75 mins	£81
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Lava relax massage 45 / 75 mins	£48 / £78
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Lava shell rescue massage 45 / 75 mins.....	£48 / £78
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Lava shell therma facial 60 mins	£60
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Lava shell detox massage 60 mins.....	£60
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La stones therapy 45 / 75 mins	£48 / £78
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The sensory retreats divine escape

signature massage 75 mins.....	£80
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Intensive inch loss and detox wrap 120 mins	£76
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Course of 3	£180
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CACI legs & bum lift 25 mins	£35
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Course of 10.....	£300
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CACI tummy toning treatment 25 mins	£30
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Course of 10.....	£250
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MAKE-UP

Bridal make-up.....	£80
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Occasional make-up	£38
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Make-up lesson	£46
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LASHES

Eye lash tint 25 mins	£18
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LVL 60 mins.....	£51
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Express lashes (lasts 2 weeks) 30 mins.....	£31
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Classic (lasts 6 weeks) 90 mins.....	£59
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Russian varia 120 mins.....	£74
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Lash infills 30/60 mins from	£26 / £36
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Lash removal 30 mins	£30
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*Please note that a patch test is required for eye treatments

TANNING

Full body	£22
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Half body	£18
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SPECIALISED TREATMENTS

Facial threading.....	from £12
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Hopi ear candling	£26
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Nose piercing.....	£22
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Ear piercing.....	£22
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Electrolysis 10 mins.....	£16
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Course of 6.....	£80
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Red vein removal.....	from £46
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Skintag, milia & wart removal.....	from £30
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Reflexology.....	£55
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Course of 6.....	£275
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MALE GROOMING

Man-i-Cure	£30
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Pedicure.....	£38
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The absolute facial for men	£50
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Muscle relief therapy 45 / 60 / 90	£45 / £50 / £70
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WAXING

Chest	£24
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Back.....	£30
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Shoulders.....	£20
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Eyebrows.....	£12
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Nose or ears	£12
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Intimate waxing available please see our website for full price list.

We also offer a range of gift vouchers, pamper packages and can create the perfect experience for hen parties, little princesses and prom preparation