

SEABREASE

BODY & BEAUTY

ENVIRON® SKIN CARE TREATMENTS

Environ® skin care was developed by South African plastic surgeon Dr Des Fernandes to address the effects of UV radiation, pollution, stress and free radical damage.

ESSENTIAL TREATMENTS 60 MINS £56 | 90 MINS £76

ESSENTIAL YOUTH RESET

Helps to soften the appearance of fine lines .sun damage and sagging skin with our peptide and vitamin packed facial for a more youthful appearance

ESSENTIAL MOISTURE BOOST

Helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin. Hyaluronic Acid is the hero ingredient promoting a moisturised, glowing -looking skin.

ESSENTIAL COMFORT CALM

Ideal for sensitive, irritated skin. A powerful combination of smart ingredients leaving the skin feeling soothed with a healthy radiance.

ESSENTIAL RADIANCE REVEAL

A targeted solution for sun-damaged or pigmented skin. Boosting the skin with the correct combination of ingredients. results in flawless, radiant looking skin.

FOCUS-ON TREATMENTS 30 MIN FROM £40

FOCUS-ON FROWN TREATMENT £45

An iconic peptide blend assists in reducing the appearance of expression and frown lines around the eyes and forehead resulting in a more youthful appearance.

FOCUS-ON EYE TREATMENT £40

Combining our powerful peptide complexes with hyaluronic Acid ensures a completely refreshed, hydrated and youthful appearance.

FOCUS-ON TEXTURE TREATMENT £40

An intensive combination of the three environ technologies. Dual electro-sonic, cool peel and micro perfusion improve the appearance of mild scarring revealing smoother evenly textured skin.

FOCUS-ON EVEN TONE TREATMENT £40

The powerful combination of vitamin A, C and AHA is a unique approach to assist in lightening the appearance of pigmented marks resulting in a more even-toned brighter complexion.

ENVIRON COOL PEEL TREATMENTS 60 MINS £60

YOUTH RENEW

Reducing the appearance of premature ageing. fine lines sun damage and uneven skin tone. The power of this cool peel will leave the skin refreshed and vibrant.

MOISTURE BOOST

Gently buffing the skins surface revitalising dry. tired looking skin. Gentle but effective this peel is suitable all year round.

DEEP CLEANSING

This unique method of deep cleansing the skin is gentle in exfoliating the skins surface yet assists in controlling the appearance of congestion leaving the skin radiant healthy and refreshed.

BRIGHT RECOVERY

This gentle lactic acid cool peel assists with reducing the appearance of premature ageing. fine lines and even toned skin complexion as a result of excessive sun exposure.

BLEMISH CONTROL

This powerful cool peel assists with the management of blemish prone distressed skin by purifying. Cleansing and assisting to unclog pores and dissolve impurities. Our hero treatment for problematic skin conditions.

VIBRANT – C

A concentrated vitamin C infused peel which is freshly mixed before application to ensure optimal freshness. Proven to deliver a healthy complexion with an even skin tone and texture as vitamin c is essential for the skin to function at its best. Excellent choice for sun-damaged. pigmented and mature skins.

CACI FACIALS

CACI's signature Non-Surgical Facial Toning is an advanced non-invasive facial, with twenty years medical research behind it.

Caci Ultra 90 mins / course of 10.....£90 / £800

This 4 day face lift delivers a combination of non surgical face lift. Crystal free microdermabrasion and hydratorne mask. Leaving your skin and muscles tones and brightened.

Microlift Plus 75 mins / course of 10£76 / £680

Same as the one hour treatment with a extra 15 mins work on areas of muscle laxity.

Microlift 55 mins / course of 10.....£56 / £490

Designed to lift muscles and improve skin tone using advanced micro-current technology.

Caci Jowl Lift 20 mins / course of 10£26 / £225

Targeting the jowl area

Caci Eye Revive 25 mins / course of 10£32 / £275

Classic CACI eye lift also includes crystal free microdermabrasion Hydratorne mask and wrinkle comb around the eyes and forehead.

DERMAPLANE FACIAL

Dermaplane facial is a painless Exfoliation treatment using a hand held surgical blade. Removing all dead skin cells and vellus hair. Resulting in optimal product absorption.

Dermaplane full facial (60 mins)..... £56

Includes skin enzyme peel ,lymph drainage massage to the face and finish with a mask treatment.

Dermaplane express (30 mins) £30

Includes cleanse, dermaplane peel and moisturise.

AROMA WORKS FACIALS

Supported by years of research and product innovation, all Aroma Works products are exclusively made in the UK from the finest 100% natural essential oils, are sourced ethically and are free from harmful chemicals. Vegan friendly.

Absolute facial 55 mins £48

Relaxing facial treatment for all skin types we will cleanse exfoliate massage and mask

Absolute deluxe facial 75 mins £58

Combination of the absolute facial and the absolute eye treatment.

Absolute express facial 25 mins £30

A shortened version on the absolute facial for those in a hurry.

Absolute eye treatment 25 mins £30

Designed to reduce fine lines and dark circles. Focusing on pressure point massage and lymphatic drainage techniques.

MAKE - UP

Using Jane Iredale mineral makeup - not only a makeup but a treatment for your skin.

Bridal make-up (includes rehearsal)..... £80

Occasional make-up £36

Make-up lesson..... £45

Learn something new from the professionals

HANDS AND FEET

Jessica luxury manicure 60 mins..... £30

Includes exfoliate and anti-ageing skin conditioning treatment

Express manicure 45 mins..... £26

File and polish (fingers or toes) 30 mins £20

Shellac (fingers or toes) 45 mins £26

Shellac with removal 60 mins..... £28

Shellac removal & nail tidy 30 mins..... £18

Jessica luxury pedicure 60 mins..... £40

(Includes pedicure of dry skin, exfoliation and heated booties)

Express pedicure 45 mins..... £32

Minx (foil transfers for toes) 45 mins..... £34

French extensions 75 mins £52

Please note that there is an additional charge for nail design, French polish and shellac.

WAXING

Half leg £20

3/4 leg £25

Full leg..... £30

Underarm £16

Bikini..... from £18

Brazilian £32

Hollywood £36

Half leg, bikini and underarm £46

Full leg, bikini (or underarm)..... £42

Full leg, bikini and underarm £55

Lip or chin or eyebrows..... £11

Half arm..... £19

Full arm £22

TANNING

Full body £22

Half body..... £18

BODY TREATMENTS & MASSAGES

Purifying pamper 75 mins £70

full body exfoliation followed by full body massage

Signature treatment 75 mins £70

back exfoliate and massage followed by absolute facial

Seabrease ritual 55mins..... £55

back neck shoulder massage and express facial

Bespoke body massage 45 / 60 / 90 mins.....£40 / £48 / £68

Using aromatherapy oils along with Swedish massage technique

Pressure point scalp massage 30 mins £36

30 minutes of complete relaxation whilst we massage your tension away

Energy point remedy 30 mins..... £36

hand arms or foot and leg ritual

Indian head massage 25 mins £35

Absolute pregnancy ritual 75 mins £70

full absolute facial and scalp massage with a relaxing foot ritual

Himalayan body brilliance 25 mins £38

full body exfoliation

Cocoon indulgence 75 mins £80

Full body exfoliation with oil massage and wrap

Lava shell rescue 45 / 75 mins £46 / £76

Relaxing calming massage using a combination of warm and cool polished sea shells for the ultimate of relaxation.

La stones therapy 45 / 75 mins £46 / £76

Using heated flat basalt stones the Body is relaxed and muscle tension eased.

Intensive inch loss and detox wrap 120 mins £75

Course of 3 £175

Caci legs & bum lift 25 mins £35

Course of 10..... £300

Caci tummy toning treatment 25 mins £30

Course of 10..... £250

Caci bust enhancing treatment 25 mins £30

Course of 10..... £250

LASHES

Eye lash tint 25 mins £17

LVL 60 mins £50

Express lashes (lasts 2 weeks) 30 mins..... £30

Classic (lasts 6 weeks) 90 mins..... £58

Russian varia 120 mins..... £72

Lash infills 30/60 mins from £25 / £35

*Please note that a patch test is required for eye treatments

BROWS

HD brows 30 mins £26

Eyebrow tidy 15 mins..... £11

Eyebrow tint 15 mins..... £11

Eyebrow tint and tidy 15 mins £20

*Please note that a patch test is required for eye treatments

SPECIALISED TREATMENTS

Facial threading from £11

Hopi ear candling £26

Nose piercing £22

Ear piercing £22

Electrolysis 10 mins £15

Course of 6 £72

Red vein removal from £46

Skintag, milia & wart removal..... from £26

MALE GROOMING

Man-i-Cure £28

Pedicure £38

The absolute facial for men £46

Muscle relief therapy 45 / 60 / 90£40 / £48 / £68

WAXING

Chest £24

Back..... £30

Shoulders..... £20

Eyebrows..... £11

Nose or ears..... £11

Intimate waxing available please enquire for further details.

AYURVEDIC TREATMENTS

HEAD/NECK/ARM TREATMENT

(shirobhyanga) 30 mins £35 - Good for: stress; strain; migraine; hair condition.

FULL BODY WITH MARMA [VITAL] POINTS

(marmabhyanga) 75 mins £65 Good for: relaxation, detoxification, fatigue, anxiety, nourishment to skin.

LOWER LEG & FOOT TREATMENT

(padabhyanga) 30 minutes £35

Good for: relaxation, vitality, blood circulation, mums-to-be, after a flight.

AYURVEDIC FACIAL

(mukhabhyanga) 30 mins £35 - Good for physical and mental wellness.

(sattva) 60 mins £65 - Good for anti-ageing.

(soundaryam vardhini) 60 mins £56 - skin brightening treatment.

WARM OIL POURED ONTO THE THIRD EYE (shirodhara) 45 mins £55

Good for: relaxation; insomnia; tension; stress; chronic colds; vata imbalance.

HERBAL COMPRESS MASSAGE

(pinda sweda) 75 mins £75

Good for: stiff joints and pains; arthritis; inflamed muscles; certain skin conditions.

DETOX SCRUB

(udvartana) 30 mins £35

Good for: exfoliation; poor blood circulation; cellulite; kapha imbalance.

PACKAGES

LUNCH BREAK £60

File and polish fingers or toes, Brow tint and tidy, Express facial - choose from any 30 min facial

TEENS £70

Express facial, Brow tint and tidy , Makeover

HOLIDAY £80

Shellac pedicure, Lvl lashes, Brow tint and tidy

INDULGENT £140

Signature treatment , Luxury Jessica pedicure, Luxury Jessica manicure, Brow tint and tidy